





Playoff Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p> <p>BIOCHEM</p> <p>7:00-12:00 FA (66-115) RRBC (1-4)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>14</p> <p>BIOCHEM</p> <p>7:00-12:00 RRBC (5-9)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>15</p> <p>BIOCHEM</p> <p>7:00-12:00 Remaining Reading Goljan (5 & 7)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>16</p> <p>BIOCHEM/ REVIEW</p> <p>7:00-12:00 RRBC Test 1&2 <i>Cases (Ch2)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>17</p> <p>RENAL</p> <p>7:00-12:00 FA (458-475) BRS Phys (Ch 5) Goljan (Ch 4)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>18</p> <p>RENAL/PATH</p> <p>7:00-12:00 Goljan (390-435)/ FA (220-230) BRS Phys (Ch1)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>19</p> <p>PATH</p> <p>7:00-12:00 Goljan (Ch 1, 2) Goljan (Ch 6, 8) <i>BRS Path (Ch 1,2,6,7)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>
<p>20</p> <p>MICRO</p> <p>7:00-12:00 FA (136-198)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>21</p> <p>MICRO</p> <p>7:00-12:00 Ridic (skim140 pgs)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>22</p> <p>MICRO</p> <p>7:00-12:00 Ridic (skim140 pgs)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>23</p> <p>IMMUNO</p> <p>7:00-1:00 FA (200-217) Goljan (Ch3) <i>+/- Rapid Immuno</i></p> <p>2:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>24</p> <p>CATCH UP/REVIEW</p>  <p><i>Physiology? Pharm? Cases (Ch 3: micro/im, 12: renal)</i></p>	<p>25</p> <p>EMBRYO/ ANATOMY</p> <p>7:00-12:00 FA (117-134) High yield (Embryo)</p> <p>1:00-5:00 High yield (Anatomy)</p> <p>7:00-10:00 50Q</p>	<p>26</p> <p>PRACTICE TEST</p> <p>8:00-2:00 NBME</p> <p>5:00-10:00 Review Qs (both days)</p>

<p>27</p> <p>CARDIO</p> <p>7:00-12:00 FA (253-286) Goljan (Ch9, 10) BRS Phys (Ch 3) <i>Cases (Ch 5)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>28</p> <p>HEME/ONC</p> <p>7:00-12:00 FA (342-368) Goljan (191-237)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>29</p> <p>HEME/ONC</p> <p>7:00-12:00 Goljan (238-272) BRS Path (Ch 3, 11) <i>Cases (Ch 8)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>30</p> <p>GI</p> <p>7:00-12:00 FA (308-339) BRS Phys (Ch 6)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>31</p> <p>GI</p> <p>7:00-12:00 Goljan (315-389) BRS Path (Ch 15, 16) <i>Cases (Ch 7)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>1</p> <p>PRACTICE TEST</p> <p>8:00-12:00 WORLD Test</p> <p>1:00-10:00 Review Qs</p>	<p>2</p> <p>CATCH UP/REVIEW</p>  <p><i>Clinical vignettes? Physiology? Pharm? Other Weakness?</i></p>
<p>3</p> <p>REPRO</p> <p>7:00-12:00 FA (478-499) Goljan (436-474) <i>Cases (Ch13)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>4</p> <p>ENDO</p> <p>7:00-12:00 FA (288-305) Goljan (475-514) BRS Phys (Ch7) <i>Cases (Ch6)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>5</p> <p>PULM</p> <p>7:00-12:00 FA (502-516) BRS Phys (Ch4) Goljan (273-314) <i>Cases (Ch 14)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>6</p> <p>PRACTICE TEST</p> <p>8:00-12:00 WORLD Test</p> <p>1:00-10:00 Review Qs</p> <p><i>Don't want to do this <2weeks from test!</i></p>	<p>7</p> <p>BEHAV/PSYCH</p> <p>7:00-12:00 FA (49-63) FA (438-440) <i>Cases (Ch 1 & 11)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>8</p> <p>NEURO</p> <p>7:00-12:00 FA (381-436) BRS Phys (Ch 10) Goljan (566-604)</p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>9</p> <p>NEUROANATOMY</p> <p>7:00-12:00 Rapid Review (Skim) <i>BRS (Ch 23) Cases (Ch 10)</i></p> <p>1:00-4:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>

<p>10</p> <p>MS/DERM</p> <p>7:00-12:00 FA (370-393) Goljan (515-539;540-565)</p> <p>1:00-5:00 50 Qs</p> <p>7:00-10:00 Review Qs</p>	<p>11</p> <p>CATCH UP/ REVIEW</p>  <p><i>MS? Derm? Renal? Other Weakness? Pharm? Cases (Ch 9: MS/D)</i></p>	<p>12</p> <p>QUESTIONS</p> <p>7:00-12:00 100+ Qs</p> <p>1:00-5:00 Review Qs</p> <p>7:00-10:00 Review Qs</p>	<p>13</p> <p>QUESTIONS</p> <p>7:00-12:00 100+ Qs</p> <p>1:00-5:00 Review Qs</p> <p>7:00-10:00 Review Qs</p>	<p>14</p> <p>QUESTIONS</p> <p>7:00-12:00 100+ Qs</p> <p>1:00-5:00 Review Qs</p> <p>7:00-10:00 Review Qs</p>	<p>15</p> <p>REVIEW</p> <p>7:00-12:00 First Aid</p> <p>1:00-5:00 First Aid</p> <p>7:00-10:00 First Aid</p>	<p>16</p> <p>REVIEW</p> <p>7:00-12:00 First Aid</p> <p>1:00-5:00 First Aid</p> <p>7:00-10:00 First Aid</p>
<p>17</p> <p>REVIEW</p> <p>7:00-12:00 First Aid</p> <p>1:00-5:00 First Aid</p> <p>7:00-10:00 First Aid</p>	<p>18</p> <p>REVIEW</p> <p>7:00-12:00 First Aid</p> <p>1:00-5:00 First Aid</p> <p>7:00-10:00 First Aid</p>	<p>19</p> <p>TAPER</p> <p>7:00-12:00 Review High Yield</p> <p>1:00 – 10:00 Mani Pedi Massage Nice Dinner Rest & Relax</p>	<p>20</p> <p>GAME TIME!</p> <p>9 AM</p> <p>ROCK & ROLL!</p> 	<p>21</p>	<p>22</p>	<p>23</p> <p>COST RICA</p> 

Study Materials:

REMEMBER, YOU CAN DO THIS. FOCUS ON FIRST AID & GOLJAN. KEEP REVIEWING PHARM.
MAXIMIZE YOUR QUESTION TIME because you would prefer to have 4 instead of 3 question days!

- Cram Fighter App on iPhone
 - (Helped determine reading pages and pace averages about 150 pages per 5 hours – obviously this varies by personal comfort level with material! **THUS THE CATCH UP DAYS!**)

- *Italics means +/- not essential!*
 - *Simply an idea in the unlikely case I've finished the reading before noon, most likely case: to use during review periods*

- Pharm Cards Daily

- Goljan Lectures Daily

- Core Books:
 - (FA) First Aid
 - (Goljan) Rapid review pathology - Goljan
 - (RRBC) Rapid review biochemistry – Goljan
 - (Ridic) Micro made ridiculously easy
 - BRS physio

- Supplemental Books:
 - (Cases) First Aid Case Studies
 - BRS path
 - High Yield Embryology
 - High Yield Anatomy
 - High Yield Neuroanatomy

	SCHED		
			Multisystem processes (p8)
PHARM	✓	Daily	Pharmacodynamic & pharmacokinetic processes (p8)
PHYSIO		Integrated	
PATHOLOGY	✓	✓ Alone & integrated	Biology of tissue response to disease (p7)
BIOCHEM	✓	✓✓✓✓	Biochemistry & molecular biology (p7) Biology of cells (p7) Human development & genetics (p7)
MICRO	✓	✓✓✓	Microbial biology & infection (p8)
IMMUNO	✓	✓	Immune system (p18)
EMBRYO	✓	✓ with anatomy	
ANATOMY		✓ with embryology	
NEUROANATOMY		✓	See neuro...
BEHAVIORAL	✓	✓ with psych	Gender, ethnic & behavioral considerations affecting disease treatment & prevention (p7-8) Quantitative methods (p8)
REVIEW/ FIRST AID	✓	✓	
CARDIO	✓	✓	Cardiovascular System (p14)
HEME ONC	✓	✓✓	Hematopoietic & lymphoreticular systems (p9)
REPRO	✓	✓	Reproductive System (p16)
ENDO	✓	✓	Endocrine system (p18)

PULM	✓	✓	
GI	✓	✓	Gastrointestinal system (p15)
RENAL	✓	✓ ^{1/2}	Renal/Urinary System (p16)
MS	✓	✓ with derm	Musculoskeletal System (p12)
DERM	✓	✓ with MS	Skin & related connective tissue (p11)
NEURO/OPHTHO	✓	✓	Central & peripheral nervous systems (p10)
PSYCH	✓	✓ with behavioral	Gender, ethnic & behavioral considerations affecting disease treatment & prevention (p7-8)

Step 1 Content Outline (p6-8) NOTE!!! THE EXAMPLES LISTED ARE NOT ALL INCLUSIVE, THE TEST IS NOT LIMITED TO THESE TOPICS, THEY ARE SIMPLY EXAMPLES!!! But, it's probably not a bad idea to make you sure you at least know these!
 General Principles (purple) *