

LUNG CANCER SCREENING

If you are still smoking & need help quitting, talk with your healthcare provider & call:

1-800-QUIT-NOW (1-800-784-8669)

WHO SHOULD GET SCREENED?



50-80 Years Old



Current Smoker

OR



Quit in the Last 15 Years

20 Pack-Year History



2 Packs/Day
OR
1 Pack/Day

X



10 Years
OR
20 Years

= 20 Pack Years

HOW IS SCREENING DONE?

A LDCT machine takes an x-ray or 3D picture of your lungs:

1. You lie down on the table & raise your hands above your head.
2. The table slides into the scanner. The machine only covers your chest area.
3. You hold your breath for about 30 seconds.



SIGNS THAT MAY MEAN YOU HAVE LUNG CANCER:

If you notice any of the following symptoms, you should contact your healthcare provider:



- New cough that doesn't go away
- Coughing up blood (even a small amount)
- Hoarseness

- Shortness of breath
- Chest pain
- Unexplained weight loss



REMEMBER:
Getting screened
early can save
your life!

Find more information at:
<https://www.cancer.org/cancer/lung-cancer.html>