



Kline Life Meals on Wheels

Medically-Approved Meals

All meals are **planned by a registered dietician** and are low in sodium and cholesterol. Dinner consists of a protein source vegetable and starch and is served with bread juice milk and dessert. Diabetic desserts are available. A fee is charged for each meal. When available donations are used to assist consumers with paying for their meals. **Meals are delivered** the next day delivery day following the order.

The service areas includes (zips): 19104 19119 19120 19126 19129 19131 19132 19133 19138 19139 19140 19140 19141 19142 19143 19144 19145 19146 19147 19148 19150 19151 19153

CONTACT

Phone: 215-698-7300

Website: <https://kleinlife.org/adults-55/home-delivered-meals/>

CONTACT YOUR CHW

name:

phone:

