

Curriculum Vitae
Bobbie (Barbara) Posmontier, Ph.D., CNM, PMHNP-BC, FAAN
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EDUCATION

- 2010 Post-masters' certificate Family Psychiatric Mental Health Nurse Practitioner Program (PMHNP-BC), University of Pennsylvania School of Nursing
- 2008 Postdoctoral research fellowship, Nursing, University of Pennsylvania School of Nursing, Center for Health Disparities Research
- 2006 Ph.D, Nursing, University of Pennsylvania School of Nursing
Dissertation Title: *Functional status and circadian motor activity in postpartum depression*. Dissertation Chairs: Lorraine Tulman, DNSc, Terri Weaver, PhD, Jay Amsterdam, MD
- 1999 Post-masters' teaching education certification, University of Pennsylvania School of Nursing
- 1989 Post-masters' certificate Nurse Midwifery (CNM), University of Pennsylvania School of Nursing
- 1986 MSN, Psychiatric Mental Health Nursing Child and Adolescent Psychiatry, University of Pennsylvania School of Nursing
- 1982 BSN Nursing, *summa cum laude*, Thomas Jefferson University

PROFESSIONAL TRAININGS

- 2021 Dialectical Behavioral Therapy Foundational Training, PsychWire Online Courses
- 2020 Acceptance and commitment Therapy for Beginners and Depression and Anxiety Disorders training, Psychwire Online Courses
- 2020 CBT for Anxiety
- 2020 Cognitive Behavioral Therapy Training, Psychwire Online Courses
- 2018 Certified Infant Massage Instructor, International Loving Touch Foundation, Houston, Texas
- 2017 Emotionally Focused Couples Therapy Training at the Philadelphia Center for EFT
- 2017 Focusing-oriented therapy training at the 28th *Cape Cod* Summer Seminars

- 2014 Eye Movement and Desensitization and Reprocessing Training, EMDR Institute, Hempstead NY
- 2013 Interpersonal Psychotherapy supervisor and trainer certificate, International Society of Interpersonal Psychotherapy
- 2011 Master Psychopharmacology Certificate, Neuroscience Education Institute

LICENSURE AND CERTIFICATION

- RN254276L Pennsylvania registered nurse
- SP011331 Pennsylvania certified registered nurse practitioner, family psychiatric mental health
- 013018 Pennsylvania certified registered nurse practitioner, prescriptive authority
- 2010013419 Board certification. American Nurses Credentialing Center, family psychiatric and mental health nurse practitioner
- 5614 American College of Nurse Midwives, certified nurse midwife

CURRENT POSITION

- 2020 - Professor & Program Director Nursing PhD, Thomas University College of Nursing, Philadelphia, PA
- 2022- Nurse Scientist Jefferson Northeast, Thomas Jefferson University College of Nursing, Philadelphia, PA

OTHER PROFESSIONAL EMPLOYMENT

Academic

- 2019- 2020 Chair PhD in Nursing program and Associate Professor, Department of Nursing, College of Nursing and Health Professions, Drexel University, Philadelphia, PA
- 2014-2020 Associate professor, Department of Nursing, College of Nursing and Health Professions, Drexel University, Philadelphia, PA
- 2008 -2014 Assistant professor, Department of Nursing, College of Nursing and Health Professions, Drexel University, Philadelphia, PA
- 2007 Assistant to the Dean for the International Council on Women's Health Issues and the Urban Women's Think Tank (Philadelphia- September 9-11, 2007), University of Pennsylvania School of Nursing, Philadelphia, PA
- 2004 - 2005 Research nurse practitioner, Depression Research Unit, University of Pennsylvania Department of Psychiatry, University of Pennsylvania School of Nursing, Philadelphia, PA
- 2000 - 2002 Lecturer and course coordinator, Women's Health Care Studies Program, University of Pennsylvania School of Nursing, Philadelphia, PA

Clinical

- 2021-Present Psychiatric nurse practitioner, Thomas Jefferson University Outpatient Psychiatry Department, Philadelphia, PA
- 2015- Psychiatric Nurse Practitioner, Co-Director Mother Baby Connections Drexel University College of Arts and Sciences, Philadelphia, PA:
- 2011 - 2020 Psychiatric nurse practitioner, Drexel University College of Medicine Outpatient Psychiatry Department, Philadelphia, PA
- 2005 - 2008 Certified nurse midwife, Kimball Medical Center, Lakewood, NJ
- 2003 - Psychotherapist private practice, Newtown, PA
- 2002 - 2004 Certified nurse midwife, Valley Birthplace, Huntingdon Valley, PA
- 1996 – 2002 Certified nurse midwife, private practice, Newtown, PA
- 1993 – 1996 Certified nurse midwife, Saint Mary Medical Center, Langhorne, PA
- 1990 – 1996 Certified nurse midwife, Antietam OB/GYN, Hagerstown, MD
- 1988 – 1990 Staff nurse neonatal intensive care unit, Thomas Jefferson University Hospital, Philadelphia, PA
- 1987 – 1988 Clinical instructor Maternity and Psychiatry, Abington Memorial Hospital, Abington, PA
- 1986 – 1987 Head nurse Maternity, Zurbrugg Memorial Hospital, Willingboro, NJ
- 1982 – 1986 Staff nurse labor and delivery, Zurbrugg Memorial Hospital, Willingboro, NJ

HONORS AND AWARDS

- 2019 **Posmontier, B.** Awarded the Gloria Donnelly Mentorship Award
- 2018 **Posmontier, B.** Awarded Fellowship in the American Academy of Nursing
- 2012 **Posmontier, B.** Nurse Faculty Scholar Semi-finalist Robert Wood Johnson Foundation
- 2011 **Posmontier, B.** Sigma Theta Tau Nurse Faculty Leadership Academy Fellow
- 2004 **Posmontier, B.** Adeza Biomedical Research Scholarship Award, \$1000
- 2004 **Posmontier, B.** Sigma Theta Tau Research Scholarship Award, \$1000
- 1982 **Posmontier, B.** Inducted into Sigma Theta Tau Nursing National Honor Society

RESEARCH AND SCHOLARSHIP

Research – Extramural Funded Active

- 2023 Ma, Tony (PI), **Posmontier, B. (MPI)**, Horowitz, J.(MPI), Geller, P. (Co-I). *Leveraging mHealth to Expand a Successful, Evidence-based Mother Baby Connection Program*. HHS Racial Equity in Postpartum Care Challenge Phase 2. Funded September 20, 2023.
- 2022-2023 Ma, Tony (PI), **Posmontier, B. (MPI)**, Horowitz, J.(MPI), Geller, P. (Co-I) .*MommaConnect, a mobile health platform (mHealth) based on our evidence-based Mother-Baby Connections (MBC) perinatal mental health program*. SBIR Phase I Omnibus Solicitation of the NIH for Small Business Technology Transfer Grant Applications. 1 R43 MD018236-01 Awarded 9/24/2022, \$269,730
- 2022-2023 Ma, Tony (PI), **Posmontier, B. (MPI)**, Horowitz, J.(MPI), Geller, P. (Co-I). *Leveraging mHealth to Expand a Successful, Evidence-based Mother Baby Connection Program*. HHS Racial Equity in Postpartum Care Challenge Phase 1. Awarded 5/15/2022, \$40,000
- 2021-2022 Horowitz, J. (PI), **Posmontier, B (Co-I)**. Geller, P (Co-I)., & Ma, T (Co-I). *Momma Connect mhealth application for Women with Postpartum Depression and their Infants*. Acorn Innovation Grant. Awarded 11/18/2021, \$16,250.

Funded Research-Extramural Submitted

- 2023 Ma, Tony (PI), **Posmontier, B. (MPI)**, Horowitz, J.(MPI), Geller, P. (Co-I), Chang, K (Co-I). *MommaConnect, a mobile health platform (mHealth) based on our evidence-based Mother-Baby Connections (MBC) perinatal mental health program*. Submitted to SBIR Fast Track Omnibus Solicitation of the NIH for Small Business Technology Transfer Grant Applications March 24, 2023. Impact score 41 June 22, 2023.
- 2022 Ma, Tony (PI), **Posmontier, B. (MPI)**, Horowitz, J.(MPI), Geller, P. (Co-I). *MommaConnect - mHealth solution for postpartum depression*. Submitted to SBIR Fast Track Omnibus Solicitation of the NIH for Small Business Technology Transfer Grant Applications. Scored but not funded. Plan resubmission
- 2021 **Posmontier, B. (PI)**, Horowitz, J. (Co-I), Geller, P. (Co-I), Ma, T. (Co-I), Johnson & Johnson Nurses Innovate QuickFire Challenge: Improving Access to Care, Submitted August 1, 2021. Not funded
- 2021 Horowitz, J., **Posmontier, B.** Geller, P., Elgohail, M., Alexander, K., & Ma, T. *Mother-Baby Interaction/ Interpersonal Psychotherapy: Mobile Health Technology Treatment for Mothers with Postpartum Depression & Their Infants*. Submitted to the Acorn Award, April 26, 2021. Not funded.

- 2021 Geller, P. (PI), **Posmontier B.** (Co-I), Horowitz, J.A. (Co-I), Elgohail, M. (Co-I). Johnson & Johnson Nurses Innovate Quickfire Mental Health Challenge. January 15, 2021. Not Funded.
- 2019 **Posmontier, B. (PI)**, Geller, P. (Co-I), Chiarello, L. Horowitz (PI), J, *Collaborative patient navigation model to promote continuity of care in perinatal mental health treatment*. Submitted to the Van Ameringen Foundation May 20, 2019. Not funded
- 2019 **Posmontier, B. (PI)**, Horowitz (PI), J, Geller, P. (Co-I), Chiarello, L. *Mother-Baby Connections (MBC): A Nurse-led Interprofessional Novel Model for Treating Mothers with Mental Health Disorders and their Infants*. Submitted to the Rita and Alex Hillman Foundation March 4, 2019. Not funded
- 2018 **Posmontier, B. (PI)**, Horowitz (PI), J, Geller, P. (Co-I), Chiarello, L. (Co-I), Robinson, L (Co-I). Lee, N. R. (Advisor), Nasser, J. (Advisor), Izzetoglu, M. (Consultant), Blasi, A. (Consultant). *Neural biomarker to identify infants at risk for poor neurodevelopmental outcomes from suboptimal maternal-infant interaction*. Submitted to NINR October 16, 2018. Not funded
- 2017 **Posmontier, B., Principal Investigator**, Geller, P., Horowitz, J., Chiarello, L. *Mother Baby Connections: An Intensive Outpatient Perinatal Mental Health Program*. Selected by Drexel University to submit letter of intent to the Van Ameringen Foundation. Letter of intent not selected by the foundation. 6/9/17
- 2017 **Posmontier, B.**, Principal Investigator, Horowitz J, Co Principal Investigator, Izzetoglu, M, Key Senior Personnel, Geller, P, Key Senior Personnel, Slaughter, J., Key Senior Personnel, Lee, N., Key Senior Personnel. *Cortical Hemodynamic Response and Spatiotemporal Neural Synchrony in Women with and without postpartum depression and their infants*. Submitted to NIMH February 16, 2017. Scored but not funded.
- 2016 **Posmontier, B., Principal Investigator**, Geller, P., Horowitz, J., Chiarello, L. *Mother Baby Connections: An Intensive Outpatient Perinatal Mental Health Program*. Program Grant letter of intent submitted to the Pew Trust for Health and Human Services July 29, 2016. Not funded
- 2016 Geller, P., Principal Investigator, **Posmontier, B., Co-Principal Investigator**, *Mother Baby Connections*, Robert Wood Johnson Foundation, Global Ideas, submitted May 31, 2016. Not funded
- 2016 Geller, P, Principal Investigator, **Posmontier B.**, Co-Principal Investigator. *Mother Baby Connections*. Program Grant letter of intent submitted to the Caplan Foundation for Early Childhood, February 26, 2016. Not funded
- 2016 **Posmontier, B.**, Geller P, Co- Principal Investigators. *Mother Baby Connections at Drexel University's Parkway Health and Wellness*. Program Grant submitted to Independence Blue Cross Foundation Building Healthier Communities February 26, 2016. Not funded
- 2016 **Posmontier, B.**, Principal Investigator. *Designing Empathic Healthcare Curriculum: Engaging Interprofessional Students for Better Patient*

Outcomes. Submitted to the Josiah Macy Foundation February 17, 2016. Not funded.

- 2015 **Posmontier, B.**, Principal Investigator, Horowitz J, Co Principal Investigator, Izzetoglu, M, Key Senior Personnel, Geller, P, Key Senior Personnel, Polansky, M, Key Senior Personnel. *Cortical Hemodynamic Response in Depressed and Non-Depressed Mothers and their Infants*. Submitted to NICHD October 15, 2016, Not funded.
- 2015 **Posmontier, B.**, Horowitz, J., Geller, P., Co-Principal Investigators, *The Mother-Baby Connections Program for Depressed Women and Their Infants*, letter of intent submitted to the Rita and Alex Hillman Foundation. Not funded.

Research – Extramural Completed

- 2010-2014 **Posmontier, B. Principal Investigator**, Richard Neugebauer, Scott Stuart, Co-Investigators. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression*, R-21 Award, 1R21MH086610-01A1, National Institute of Mental Health, \$423,751.
- 2005 – 2006 **Posmontier, B. Principal Investigator**, Lorraine Tulman, DNSc and Jay Amsterdam, MD Co-sponsors, *Functional Status and Motor Activity in Postpartum Depression*, Individual National Institute of Nursing Research Award F-31, NR00897301A, \$28,298.

Funded Research- Internal

- 2021 **Posmontier, B. (PI)**, Horowitz, J.A., Geller, P., Elgohail, M., Ma, Thomas Jefferson College of Nursing Stratton Foundation Pilot Grant for Health Services. *Mother-Baby Interaction/ Interpersonal Psychotherapy: Mobile Health Technology Treatment for Mothers with Postpartum Depression & Their Infants*. \$25,000.
- 2018 **Posmontier, B.** Awarded Deans Rapid Response R3 grant for \$7,000. Cortical hemodynamic response among infants of mothers with and without postpartum depression
- 2016 Geller, P., Principal Investigator, **Posmontier, B., Co-Investigator**, Croft, D., Co-Investigator, Wolf, S. Co-Investigator. Urban Equity Pilot Grant. *Enhancing Mental Health Care Access for Low Income High Risk Pregnant Women: Coordination of Perinatal Health Care and Mental Health Services*. College of Medicine. \$15,000
- 2013- 2016 **Posmontier, B. Principal Investigator**, Breiter, D. Co-Investigator, and Israeli research partners Bina, R. and Lerner-Geva, L. Co-Principal Investigators, and Styr, B. Cinamon, T. Co-Investigators. *Multidisciplinary Model of Social Worker Psychotherapy for Postpartum Depression* to study the efficacy of social workers providing Interpersonal Psychotherapy for women with postpartum depression in primary care clinics in Israel. Louis and Bessie Stein Fellowship, \$20,000.

Funded Research- Internal-Submitted

- 2021 **Posmontier, B (PI)**. Alexander, K. , Horowitz, J.A., Geller, P., Elgohail, M., Ma, T. *Mother-Baby Interaction/ Interpersonal Psychotherapy: Mobile Health Technology Treatment for Mothers with Postpartum Depression & Their Infants*. Submitted to the Provost Clinical Pilot Research Award Thomas Jefferson University, May 1, 2021 Not funded
- 2020 **Posmontier, B (PI)**, Kumar, A. (Co-I), Gerolamo, A. (Co-I), Shaffer, K. (Co-I), Doucette, J. (Co-I), Inch, S. (Co-I). Thomas Jefferson College of Nursing Stratton Foundation Pilot Grant for Health Services *Nurse2Nurse: A Pilot Compassion Fatigue Intervention for Nurses During the COVID-19 Pandemic*. Not funded
- 2017 **Posmontier, B. (PI)**, Horowitz J, Izzetoglu, M, Co-I, Geller, P, Co-I, Mensinger, J., Co-I, Lee, N., Consultant, *Cortical hemodynamic response in mothers with and without PPD and their infants*. Submitted to the Research Committee at CNHP, February 17, 2017. Not funded.
- 2016 Geller, P. (Co-PI), **Posmontier, B.** (Co-PI), Horowitz, J. (Co-I), Izzetoglu, M. (Co-I), Liu, T. (Co-I), Lee, N. (Co-I), Montgomery, O. (Co-I), Mossey (Co-I), J., Shaughnessy, R. (Co-I), Slaughter, J(Co-I). *Institute of Maternal Health and Attachment*. Submitted to the Drexel Areas of Research Excellence. Not funded

Publications

Submitted

Refereed Articles

- 2023 Stott D, Klobodu C, Chiarello L, Posmontier B, Elgohail M, Geller P, Horowitz JA, Milliron BJ. Nutrition-Related Experiences of Women with Perinatal Depression During the COVID-19 Pandemic: A Qualitative Study. *Journal of Patient Experiences*. In press.
- 2023 Sadowick, L.B., Hartman, A.R., Geller, P.A., Schwartz, J., **Posmontier, B.**, Horowitz, J.A (In Press). The Benefits of Housing Intensive Outpatient Programs in Psychology Training Clinics Through the Lens of Drexel University's Mother Baby Connections Program. Submitted to Association of Psychology Training Clinics Bulletin.
- 2022 **Posmontier, B.**, Geller, P.A., Horowitz, J.A., Elgohail, M., Chiarello, L., Intensive Perinatal Mental Health Programs in the United States: A Call to Action. *Psychiatric Services*, <https://ps.psychiatryonline.org/doi/10.1176/appi.ps.202100384>
- 2022 Klobodu, C., Chiarello, L., Diamond, G., Elgohail, M., Geller, P., JA Horowitz, J. A., Milliron, B., **Posmontier, B.**, Stott, D. *Nutrition-Related Challenges and Needs of Women With Perinatal Depression: Perspectives of Women With Perinatal Depression and Healthcare Providers*, *Current Developments in Nutrition* 6 (Supplement_1), 677

- 2022 **Posmontier, B.**, Horowitz, J., Geller, P, Ma, T., Mazurkewicz, L., Priyma, M. [MommaConnect mHealth: Extending Access to Evidenced-Based Therapy for Mothers With Postpartum Depression and Their Infants](#) *Nursing Research* 71 (3), S54-S55
- 2022 **Posmontier, B.**, Geller, P.A., Horowitz, J.A., Ma, T. MommaConnect: Using Mobile Technology to Deliver Evidence-Based Treatment to Mothers with Postpartum Depression and Their Infants. *Annals of Behavioral Medicine* 56 (Supp 1) S583-S583.
- 2022 Geller, P.A., **Posmontier, B.**, Stevens, N.R., Patterson,C., Sadowick, L.B., Horowitz, J.A., Hamilton, N. Adaptation of Efficacious Methodologies for High Needs Perinatal Populations., *Annals of Behavioral Medicine*. 56 (SUPP 1), S583-S583
- 2020 DiSanza, C., Geller, P.A., Bonacquisti, A., **Posmontier, B.**, Horowitz, J.A., Chiarello, L., A Stepped Care Model of Patient Navigation for Enhancing Access to Perinatal Mental Health Care. *Health Equity*. October, 2020 Volume 4.1, 2020, DOI: 10.1089/heq.2020.0077, <https://www.liebertpub.com/doi/pdfplus/10.1089/heq.2020.0077>
- 2020 Horowitz, J. A, **Posmontier, B.**, A Call to Action: Reclaiming Our PMH APN Heritage. *Archives of Psychiatric Nursing*, June, 2020. DOI: [10.1016/j.apnu.2020.07.020](https://doi.org/10.1016/j.apnu.2020.07.020)
- 2019 Horowitz, J.A., **Posmontier, B.**, Chiarello, L., Geller, P. Introducing mother-baby interaction therapy for mothers with postpartum depression and their infants. *Archives of Psychiatric Nursing* 33(3), 225-231 <https://doi.org/10.1016/j.apnu.2019.05.002>
- 2018 Geller, P., **Posmontier, B.**, Horowitz, J. Bonacquisti, A., Chiarello, L. Introducing Mother Baby Connections: A model of intensive perinatal mental health outpatient programming. *J Behav Med*. 41(5), 600-613, <https://doi.org/10.1007/s10865-018-9974-z>
- 2017 Evereklian, M., **Posmontier, B.** The Impact of Kangaroo Care on Premature Infant Weight Gain. *J Pediatr Nurs*, 34, e10-e16. doi:10.1016/j.pedn.2017.02.006
- 2017 **Posmontier, B.**, Bina, R., Glasser S., Styr, B. Cinamon T., Sammarco, T. Incorporating Interpersonal Psychotherapy for Postpartum Depression into Social Work Practice in Israel. *Research on Social Work Practice*. 104973151770705. 10.1177/1049731517707057.
- 2017 Bina, R., Barak, A., **Posmontier, B.**, Glasser, S., & Cinamon, T. Social workers' perceptions of barriers to interpersonal therapy implementation for treating postpartum depression in a primary care setting in Israel. *Health Soc Care Community*. doi:10.1111/hsc.12479
- 2017 Hendricks-Jackson, L., **Posmontier, B.**, Paller, C. Psycho-oncological education to reduce psychological distress levels in solid tumor cancer patients: a randomized, controlled trial. *Journal of Oncology Navigation & Survivorship* Oct2017, Vol. 8 Issue 10, p474-480

- 2017 Scott, K. **Posmontier B.**, Exercise and Fatigue in Cancer Patients. *Holistic Nursing Practice*. 31(2):66-79. doi: 10.1097/HNP.0000000000000194
- 2016 **Posmontier, B.**, Neugebauer, R., Stuart, S., Chittams, J., Shaughnessy, R. Telephone-Administered Interpersonal Psychotherapy by Nurse-Midwives for Postpartum Depression. *Journal of Midwifery and Women's Health* 61 (4):456-466, doi 10.1111/jmwh.12411
- 2014 Scaffidi, R., **Posmontier, B.**, The Relationship Between Personal Knowledge and Decision Self-Efficacy in Choosing Trial of Labor after Cesarean Section. *Journal of Midwifery and Women's Health* 59 (3): 246-253, doi: 10.1111/jmwh.12173.
- 2013 **Posmontier, B.**, Fisher, K., A Narratology of Postpartum Psychosis in an Orthodox Jewish Woman. *Perspectives in Psychiatric Care* doi: 10.1111/ppc.12037. Impact factor:1.04.
- 2013 **Posmontier, B.**, Breiter, D., Cartier, J., Sattaria S., Esposito, N., Handrup, C., Kane, C. McComish, J.F., McCrone, S., Newton, M. , ISPN DNP Task Force Statement on the DNP. *Arch Psychiatr Nurs*, 27(1):56-60. doi: 10.1016/j.apnu.2012.12.002. Impact Factor: 1.35
- 2013 **Posmontier B.** Treatment options for depression during the postmenopausal transition. *JAAPA*. 26(4):40-44. Impact Factor: Still computing
- 2013 Stepanuk, K. M., Fisher, K. M., Wittmann-Price, R., **Posmontier, B.**, & Bhattacharya, A.). Women's decision-making regarding medication use in pregnancy for anxiety and/or depression. *J Adv Nurs*. doi: 10.1111/jan.12122. Impact factor: 1.54
- 2012 Serembus, J. Meloy, F., **Posmontier, B.**, Learning from business: Incorporating the Toyota Production System into nursing curricula. *Nurs Clin North Am*, 47(4), 503-516. doi: 10.1016/j.cnur.2012.07.005. Impact factor: 0.61.
- 2012 **Posmontier, B.**, Montgomery K., Smith Glasgow, M., Montgomery, O., Morse, C. Transdisciplinary teamwork simulation in women's health education. *Journal of Nursing Education*, 51(3):176-9. doi: 10.3928/01484834-20120127-02. Impact factor: 0.86.
- 2012 **Posmontier, B.**, Breiter, D. Managing generalized anxiety disorder in primary care practice. *The Journal for Nurse Practitioners*, 8(4), 1-7 with CE. Impact factor: 0.84.
- 2012 Montgomery, K., Morse, K., Smith Glasgow, M., **Posmontier, B.**, Follen, M. Promoting health quality and safety in women's health through the use of trans-disciplinary clinical simulation educational modules: Methodology and a pilot trial. *Gender Medicine* 9 (1, Supplement), S48-S54. doi: 10.1016/j.genm.2011.11.001. Impact factor: 2.1.
- 2011 **Posmontier, B.** The medicinal qualities of moringa oleifera. *Holistic Nursing Practice*, 25(2), 80-87. doi: 10.1097/HNP.0b013e31820dbb2700004650-201103000-00006 [pii]. Impact factor: 0.34
- 2011 **Posmontier, B.**, & Waite, R. (2011). Social energy exchange theory for

- postpartum depression. *Journal of Transcultural Nursing*, 22(1), 15-21. Impact factor: 0.95
- 2010 **Posmontier, B.**, (2010). The role of midwives in facilitating recovery in postpartum psychosis. *Journal of Midwifery and Women's Health*. 55(5):430-7. Impact factor 1.13.
- 2010 **Posmontier, B.**, Dovydaitis, T., Lipman, K. (2010). Sexual violence: Psychiatric healing with eye movement desensitization and reprocessing. *Health Care for Women International*, 31(08), pp. 755 - 768. DOI: 10.1080/07399331003725523. Impact factor 0.76
- 2009 **Posmontier B.**, Teitelbaum M. An ayurvedic approach to postpartum depression. *Holistic Nursing Practice*, 23(4):201-214; quiz 215-206. Impact factor 0.34.
- 2008 **Posmontier, B.** Sleep quality in women with and without postpartum depression. *Journal of Obstetrics, Gynecology and Neonatal Nursing*, 37(6):722-35; quiz 735-7. Nominated best article of the year. Impact factor: 1.033
- 2008 **Posmontier, B.** (2008) Functional status outcomes in women with and without Postpartum Depression, *Journal of Midwifery and Women's Health*, 53(4):310-318. Impact factor: 1.13.
- 2004 **Posmontier, B.**, Horowitz, J. Postpartum practices and depression prevalences: Technocentric and ethnokinship cultural perspectives. *Journal of Transcultural Nursing*, 15 (1), 34-43. Impact factor 0.95.
- 2002 **Posmontier, B.** Antepartum care in the twenty-first century. *Nursing Clinics of North America*, 37:757-769. Impact factor: 0.6.

Invited Articles

- 2021 Priyadarshini, U., Geller, P.A., **Posmontier, B.**, & Horowitz, J.A. (2021, December). *Intensive Outpatient Maternal Mental Health Program Helps New Mothers Manage Stress and Depression*. Healthcare Business Insights. <https://members.healthcarebusinessinsights.com/research/document/64547>

Book Chapters

- 2022 Gardner, M., **Posmontier, B.**, & Conti, M. The evolution of advanced practice nursing roles. In H. M. Dreher & M. E. Smith Glasgow, Eds. *Role Development for doctoral advanced nursing practice*. (pp. 69-90). New York, NY: Springer Publishers.
- 2016 Gardner, M., **Posmontier, B.**, & Conti, M. The evolution of advanced practice nursing roles. In H. M. Dreher & M. E. Smith Glasgow, Eds. *Role Development for doctoral advanced nursing practice*. (pp. 69-90). New York, NY: Springer Publishers.

- 2012 **Posmontier, B.** (2012). Complementary and alternative medicine in psychiatry. In L. Leahy *Manual of clinical psychopharmacology for nurses*. Arlington, VA: American Psychiatric Publishing, Inc.
- 2011 Gardner, M., **Posmontier, B.**, & Conti, M. (2011). The evolution of advanced practice nursing roles. In H. M. Dreher & M. E. Smith Glasgow, Eds. *Role Development for doctoral advanced nursing practice*. (pp. 69-90). New York, NY: Springer Publishers. Awarded **2011 AJN Book of the Year Award** in the Advanced Practice category. Received the 5-Star Review in 2013 from Doody's scoring a perfect 100 score.
- 2011 **Posmontier, B.** The new DNP certification exam: Yes? no? you decide. In H. M. Dreher & M. E. Smith Glasgow, Eds. *Role development for doctoral advanced nursing practice*. (pp. 423-430). New York, NY: Springer Publishers. Awarded **2011 AJN Book of the Year Award** in the Advanced Practice category. Received the 5-Star Review in 2013 from Doody's scoring a perfect 100 score.

Refereed Presentations

International

- 2023 Geller, P.A., **Posmontier, B.**, Horowitz, J.A., & , Elgohail, M., Ma, T, Chang, K., Alvares. *Racial and Ethnic Disparities in Peripartum Mental Health: From Identification to Prevention in Symposium: Co-creation of the MommaConnect mHealth therapy application to reduce postpartum depression and improve quality of mother-infant interaction*. Podium presentation, Marcé of North America Conference, October 28, 2023, Alexandria, Virginia.
- 2023 **Posmontier, B.**, Horowitz, J.A., Geller, P.A., Ma, T., Chang, K., McDonough, M.R., Elgohail, M., Alvares, K., & Smoot, J. (2023, June). *Co-Creation of the MommaConnect App: Mobile Health Assisted Therapy for Mothers with PPD and Their Infants*. Podium presentation at the International Family Nursing Conference, Dublin, Ireland.
- 2022 Geller, P.A., **Posmontier, B.**, Horowitz, J.A., & Ma, T. (2022, April). *MommaConnect: Extending Access to Treatment for Postpartum Depression and Quality of Mother-Infant Interaction with Mobile Health Technology*. In P.A. Geller (Chair) *Transforming Perinatal Mental Health Care to Create Equitable Solutions*. Symposium presented at the North American Society for Psychosocial Obstetrics and Gynecology annual conference, Ann Arbor, MI. April 22-24, 2022
- 2022 Sadowick, L., Singh, Simar., Geller, P.A., Horowitz, J.A., **Posmontier, B.** (2022, April). *Meeting Moms Where They Are: Providing Telemental Health Care to Perinatal Women*. In P.A. Geller (Chair), *Transforming Perinatal Mental Health Care to Create Equitable Solutions*. Symposium presented at North American Society for Psychosocial Obstetrics & Gynecology (NASPOG) 2022 Biennial Conference. Accepted.
- 2022 **Posmontier, B.**, Geller, P.A., & Horowitz, J. A., Ma, T. (2022, April). *MommaConnect: Using mobile health technology to deliver evidence-based*

treatment to mothers with postpartum depression and their infants. In P. A. Geller (Chair), Adaptation of efficacious methodologies for high-needs perinatal populations. Symposium accepted for presentation at the at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.

- 2021 Elgohail, M., Sadowick, L., Geller, P.A., Horowitz, J.A., **Posmontier, B.** (2021, October). *Reducing Barriers to Perinatal Mental Health Care Through Telehealth in the Age of COVID-19 and Beyond.* In P.A. Geller (Chair), Opening the Door for Equitable Support: Broadening Reach and Access to Quality Medical and Mental Health Care along the Motherhood Journey. Symposium presented at Marcé of North America (MONA) 2021 Virtual Conference.
- 2020 Klobodu C., Chiarello L., Diamond G., **Posmontier B.**, Geller P., Horowitz J.A. and Milliron, B.J. *Nutrition-Related Beliefs, Behaviors and Needs of Women with Perinatal Depression.* 8th Annual Black Doctoral Network Conference, October 2020, Virtual.
- 2020 Bina, R., **Posmontier, B.**, *An international training model for social workers to deliver interpersonal therapy for postpartum depression in primary care facilities in Israel.* Biennial Congress of the Marcé Society, Iowa City, Iowa, October 5-8, 2020.
- 2019 Horowitz, J., **Posmontier, B.**, Geller, P.A, Chiarello, L., Bonacquisti, A. *Mother-Baby Interaction Therapy: Intervention for Mothers with Postpartum Depression and their Infants.* International Family Nursing Association annual convention, Washington, DC, August 13-16, 2019
- 2019 **Posmontier, B.** Horowitz, J., Geller, P.A, Bonacquisti, A., Chiarello, L. *Intensive Outpatient Perinatal Mental Health Mother-Baby Day Program: 24-Month Mental Health Outcomes.* International Family Nursing Association annual convention, Washington, DC, August 13-16, 2019
- 2018 **Posmontier, B.**, Horowitz J.A., Geller, P.A., Chiarello, L., Bonacquisti, A. *Patient-Centered Intensive Outpatient Perinatal Mental Health Mother-Baby Day Program: Mental Health Outcomes After 24 Months of Operation.* Presented at the 2018 International Council on Women's Health Issues Congress, Hong Kong, China December 17 and 18, 2018
- 2018 **Posmontier, B.**, Geller, P.A., Panelists on Intensive Perinatal Mental Health Programs Symposium, Hesser, J. Moderator. Presentation: Mother Baby Connections: An Academically-Based Intensive Outpatient Perinatal Mental Health Program. Presented at Postpartum Support International 31st Annual Conference, Houston, Texas.
- 2017 Geller, P.A., **Posmontier, B.**, Horowitz, J.A., Chiarello, L., Grunberg, V., Bonacquisti, A., Assessing Prefrontal Cortex Brain Activity among Depressed and Non-depressed Mother-Infant Dyads. Abstract presented at Postpartum Support International Annual Conference 2017, Philadelphia, PA

- 2017 **Posmontier, B.**, Horowitz, J.A., Geller, P.A., Izzetoglu, M., & Grunberg, V.A.. Feasibility of using fNIRS to compare cortical hemodynamic response between postpartum depressed and non-depressed mothers and their infants. Presented at the International Family Nursing Association annual convention, Pamplona, Spain.
- 2017 **Posmontier, B.**, Geller, P.A., Horowitz, J.A., Chiarello, L.C., Grunberg, V.A., & Bonacquisti, A. (2017, June). *Mother Baby Connections: An intensive outpatient perinatal mental health program*. Abstract presented at the International Family Nursing Association annual convention, Pamplona, Spain.
- 2017 Horowitz, J.A., **Posmontier, B.**, Geller, P.A., Izzetoglu, M., & Grunberg, V.A.(2017, June). *Neuro-Imaging markers for Postpartum depression: A systematic review*. Abstract presented at International Family Nursing Association annual convention, Pamplona, Spain.
- 2016 **Posmontier, B.**, Horowitz, J, Geller, P, Izzetoglu, M., Grunberg, V. *Neurological Correlates of Postpartum Depression: An Integrated Review*. Presented at the 18th Congress of the International Society of Psychosomatic Obstetrics and Gynecology and 20th Congress of the Psychosomatic Segso Section. Malaga Spain.
- 2015 **Posmontier, B.**, *EMDR for Maternal Birth PTSD*. 7th Annual Conference on Psychopharmacology & 3rd International Symposium on Child and Adolescent Psychopharmacology. Antalya Turkey
- 2015 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression Workshop*. Presented to the 7th Annual Conference on Psychopharmacology & 3rd International Symposium on Child and Adolescent Psychopharmacology, Antalya, Turkey
- 2014 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression-Final results*. Presented to the International Biennial Congress of the Marcé Society, Swansea, UK.
- 2012 Stepanuk, K., Fisher, K., Wittman-Price, R., **Posmontier, B.** *Women's voices: The choice of medication use for anxiety and/or depression while pregnant*. Presented at the twenty-fourth Annual Meeting Eastern Nursing Research Society, Montreal Canada.
- 2012 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression*. Presented to the International Biennial Congress of the Marcé Society, Paris, France.
- 2012 **Posmontier, B.** *Charting future pathways to the psychiatric mental health DNP in the United States*. Presented at the 3rd International Conference on Practice Doctorates, Florence, Italy
- 2011 Conti, M., **Posmontier, B.**, Montgomery, K., Smith Glasgow, M. Morse, C., Gordon, M., Montgomery, O., Farabaugh, D., Multak, N, *A novel transdisciplinary simulation experience in women's health: Introducing students*

to collaborative healthcare. Presented at the 8th International Nursing Conference, Nursing Education: New Paradigm for Global Environment, Seoul, Korea.

- 2005 **Posmontier, B.** Presentation of preliminary findings of *Functional status and motor activity in postpartum depression*. Presented at the International Confederation of Midwives. Brisbane, Australia.
- 2003 **Posmontier, B.** *State of the science: The treatment of postpartum depression*. Presented at the 5th International Collaborative Conversations Conference, Talbot Campus, Bournemouth, UK.
- 2002 **Posmontier, B.** *Postpartum depression: An intercultural perspective*, Presented at the International Confederation of Midwives, Vienna, Austria.
- National**
2022 Chiarello, L., Diamond, G., Elghohail, M.E., Geller, P.A., Horowitz, J.A., Milliron, B.J., **Posmontier, B.**, Stott, D. *Nutrition-Related Challenges and Needs of Women With Perinatal Depression: Perspectives of Women With Perinatal Depression and Healthcare Providers* for oral presentation in *Oh Baby! Gestational Stress and Social Determinants of Pre-conception, Pregnancy and Pediatrics*, at the American Society of Nutrition Conference: NUTRITION 2022 LIVE ONLINE. June 14-16, 2022
- 2022 Stott D, Klobodu C, Elogohail M, Chiarello L, Diamond G, **Posmontier B**, Geller P, Horowitz J, Milliron BJ. *Nutrition-Related Experiences of Women with Perinatal Depression During the COVID-19 Pandemic*. Drexel Emerging Graduate Scholars Conference, April 2022; Philadelphia, PA.
- 2018 Geller, P. A., **Posmontier, B.**, Horowitz, J.A., Chiarello, L., Bonacquisti, A., *Mother Baby Connections Program*. In P.A. Geller (Chair), *The time has come: The growth of mother-baby day treatment programs in the United States*. Symposium presented at North American Society for Psychosocial Obstetrics & Gynecology annual conference, April 22, Philadelphia, PA.
- 2017 Geller, P.A., Bonacquisti, A., **Posmontier, B.**, Horowitz, J.A. Chiarello, L. & Patterson, C.A. (2017, November). *Mother Baby Connections: An interdisciplinary approach to addressing postpartum distress and steps towards NICU adaptation*. In P.A. Geller (Chair), *Addressing postpartum distress in high risk populations: Innovative psychosocial evaluation and approaches in the NICU*. Symposium presented at the 3rd Biennial Perinatal Mental Health Conference, Chicago, IL. November 7-10, 2017
- 2017 Minoia, J., **Posmontier, B.** *Sexual Health Knowledge, Attitudes, and Beliefs Among Nurse Practitioners and Certified Nurse Midwives Who Work with Adolescents in Non-acute Care Settings*. National Association of Nurse Practitioners in Women's Health-20th Annual Conference October 11-14, 2017 – Seattle, Washington
- 2016 **Posmontier, B.** Horowitz J., Geller, P., Chiarello, L., Bonacquisti, A. *Mother Baby Connections: An Intensive Outpatient Perinatal Mental Health Program*. National Nurse-Led Care Consortium, November 10, 2016, Philadelphia, PA

- 2016 Horowitz, J., Geller, P., **Posmontier, B.**, Izzetoglu, M. *Neurological Signature of Postpartum Depression: A Systematic Review*. NASPOG 2016 Biennial Meeting. April 8-10, 2016, New York, NY
- 2015 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression*. Presented to the International Society of Psychiatric Nurses, Seattle Washington.
- 2014 **Posmontier, B.**, Love, R., Kane, C., DeSocio, J. *Growing Pains: Trials, Tribulations, and Pearls of Advancing DNP Programs: The Drexel DNP Experience*. Presented at the International Society of Psychiatric-Mental Health Nurses 16th Annual Conference, Greenville, South Carolina.
- 2014 **Posmontier, B.**, *Nurse Midwife psychotherapy for postpartum depression*. Presented at the American Psychological Association Annual Convention, Philadelphia, PA.
- 2014 **Posmontier, B.**, *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression: preliminary findings*. Presented at the Society for Behavioral Medicine 35th Annual Meeting and Scientific Sessions, Philadelphia, PA.
- 2013 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression*. Presented to the International Society of Interpersonal Psychotherapy, Iowa City, Iowa.
- 2012 **Posmontier, B.**, Fox, A. *Incorporating Relationship Based Care into nursing education*. Presented at the Drexel University Nursing Education Institute, Savannah, GA.
- 2012 **Posmontier, B.**, *Women's reproductive psychiatry in clinical practice*. Accepted to the International Society for Psychiatric Nurses Conference, Savannah, Georgia
- 2011 **Posmontier, B.** *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression: preliminary findings*. Presented at the Collaborative Family Health Association, Philadelphia, PA.
- 2011 **Posmontier, B.** *Reproductive psychiatry: A lifespan approach to the treatment of women's mental illness*. Presented at the APNA 25th Annual Conference, Anaheim, CA.
- 2010 **Posmontier, B.** *Social energy exchange theory for postpartum depression*. Presented at the International Association of Human Caring Conference, Mayo Clinic, Rochester, MN.
- Regional**
- 2023 Horowitz, J. A., **Posmontier, B.**, Geller P.A, Ma. T., Chang, K. *MommaConnect mHealth: Extending access to evidenced-based therapy for mothers with Postpartum Depression (PPD) and their infants* ENRS 35th Annual Scientific Sessions Philadelphia, PA, March 23-24, 2023.
- 2023 **Posmontier, B.**, *Adapting the Health Equity Research Impact Assessment*

For Nursing Research in Clinical Settings, In Robinson, J., Symposium Building a Health Equity Nursing Research Agenda. ENRS 35th Annual Scientific Sessions Philadelphia, PA, March 23- 24, 2023

- 2022 **Posmontier, B.**, Horowitz, J.A., Geller, P., Ma, T., Mazurkewicz, L. Priyma, M. *MommaConnect mHealth: Extending Access to Evidenced-Based Therapy for Mothers With Postpartum Depression and Their Infants.* ENRS 34th Annual Scientific Sessions, Providence, RI, March 31-April 1, 2022.
- 2021 Horowitz, J.A., **Posmontier, B.**, Geller, P., Elgohail, M. *Lessons Learned: Transitioning to Telehealth Delivery of Perinatal Mental Health Services in Responding to COVID-19 to Deliver Family And Community-Based Research Using Virtual Formats Symposium.* ENRS 33rd Virtual Annual Scientific Sessions. March 25-26, 2021.
- 2019 **Posmontier, B.**, Horowitz, J.A., Geller, P., Chiarello, L., Bonacquisti, A. *A Follow-up Study of Outcomes From An Intensive Outpatient Perinatal Mental Health Program.* Presented at the *Transforming the Future of Nursing Research: Imagination, Innovation, and Engagement Conference*, Eastern Nursing Research Society (ENRS) 31st Annual Scientific Sessions, Providence, RI , April 3-5, 2019.
- 2018 Geller, P. A., **Posmontier, B.**, Horowitz, J. A., Bonacquisti, A., & Chiarello, L. (2018, April). *Introducing Mother Baby Connections: A creative model of perinatal mental health programming.* In P. A. Geller (Chair), *New solutions to old problems: Improving mental health of perinatal women.* Symposium presented at the Society of Behavioral Medicine annual convention, New Orleans, LA.
- 2018 **Posmontier, B.**, Horowitz, JA, Geller, P, Chiarello, L, Bonacquisti, A. *Mother Baby Connections: Preliminary Treatment Outcomes for an Intensive Outpatient Perinatal Mental Health Program.* Presented to the 30th Annual Eastern Nursing Research Society Scientific Sessions, April 2018
- 2017 Horowitz, J., **Posmontier, B.** Geller, P., Izzetoglu, M., Grunberg, V. *Neuro-imaging markers for Postpartum Depression: A Systematic Review.* Presented at the Eastern Nursing Research Society for presentation April, 2017
- 2017 Geller, P. A., Bonacquisti, A., **Posmontier, B.**, Horowitz, J. A., Chiarello, L. & Patterson, C. (2017, November). Mother Baby Connections: An interdisciplinary approach to addressing postpartum distress and steps towards NICU adaptation. In P.A. Geller (Chair), *Addressing postpartum distress in high risk populations: Innovative psychosocial evaluation and approaches in the NICU.* Symposium presented at the 3rd Biennial Perinatal Mental Health Conference, Chicago, IL.
- 2015 **Posmontier, B.**, Neugebauer, R., Stuart, S., Shaughnessy, R. *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression.* Presented to the Eastern Nursing Research Society, at the ENRS Annual Scientific Sessions, Washington, DC.

2008 **Posmontier, B.** *Functional outcomes in women with and without postpartum depression.* Presented at the Eastern Nursing Research Society, Philadelphia, PA

Local

2019 Geller, P. A., **Posmontier, B.**, Horowitz, J. A., Bonacquisti, A., & Chiarello, L. (2019, March). *Mother Baby Connections: A model of intensive perinatal mental health outpatient programming.* In N. Hamilton (Chair), Improving health during the postpartum period: Maternal health in crisis. Symposium presented at the Society of Behavioral Medicine annual convention, Washington, DC.

2018 **Posmontier B.**, Geller, P., Horowitz, J., Chiarello, L., *Mother Baby Connections: An Intensive Outpatient Perinatal Mental Health Program.* Presented at Drexel University Family Intervention Science: Spring 2018 Speaker Series, Philadelphia, PA

2018 **Posmontier B.**, Geller, P., Horowitz, J., Chiarello, L., Bonacquisti, A., *Mother Baby Connections: 4-week Treatment Outcomes for an Interdisciplinary Intensive Outpatient Perinatal Mental Health Program.* Presented at Drexel University Sex and Gender Forum, Philadelphia, PA

2017 Geller, P.A., **Posmontier, B.**, Horowitz, J., Chiarello, L., & Bonacquisti, A.. *Mother Baby Connections: New interdisciplinary program to address postpartum distress and maternal-infant interaction.* In P.A. Geller (Chair), Innovative psychosocial programming to alleviate postpartum distress, Breakout Session presented at Postpartum Support International annual conference, Philadelphia, PA.

2009 **Posmontier, B.** *Sleep quality in women with postpartum depression* at the 33rd Women's Health Conference. Presented at Drexel University, Philadelphia, PA

Invited Presentations

International

2020 Gerolamo, A., Kumar, A., **Posmontier, B.**, Shaffer, K, Szajna, A. *Nurse2Nurse Telecompassion: A Response to COVID-19*, KLE Academy of Higher Education & Research Department of Mental Health Nursing, Institute of Nursing Sciences, collaboration with Thomas Jefferson University, International Virtual Webinar on Psychological First Aid...A Multidisciplinary Approach

National

2019 **Posmontier, B.** *Social Justice and Health Equity.* Panel presenter Academy for Professionalism in Healthcare, New Orleans, LA

2012 **Posmontier, B.** *Treating anxiety and depression during peri-menopause and menopause.* Presented at the Psychiatric Nursing Conference, Las Vegas, NV.

2012 **Posmontier, B.** *Psychopharmacology in pregnancy and lactation.* Presented at the Psychiatric Nursing Conference, Las Vegas, NV.

- 2012 **Posmontier, B.** *Depression and anxiety in perimenopause and menopause.* Presented at the Advances In Health Care for Women Over 40 Conference, Las Vegas NV.
- 2012 **Posmontier, B.** *Psychopharmacology: Issues and challenges when treating older women.* Presented at the Advances In Health Care for Women Over 40 Conference, Las Vegas, NV.
- 2012 **Posmontier, B.** *Reproductive psychiatry: A lifespan approach to the treatment of women's mental illness.* Presented at the Women's Health Symposium, UMDNJ, Newark, NJ.
- 2011 **Posmontier, B.** *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression: Preliminary findings.* Presented at the University of Delaware, Philadelphia, PA.
- 2011 Montgomery, K., Morse, K., **Posmontier, B.** Panzera, A., & Olzewski, J. *Learning & practicing together: Promoting transdisciplinary clinical education in a simulated environment.* Presented at the Drexel University Nursing Education Institute, Philadelphia, PA
- 2009 **Posmontier, B.** *Hydrotherapy.* Presented at the American Association of Birth Center Conference Practical Techniques to Support Women in Labor, Malvern, PA

Regional

- 2010 **Posmontier, B.** *Encouraging students to write for publication.* Presented at the Drexel University Nursing Education Conference, Myrtle Beach, South Carolina

Local

- 2023 Posmontier, B. Invited Keynote Speaker for *Spring into Evidence-based Practice Conference.* April 20, 2023 at the Sheraton Bucks' Hotel in Langhorne, PA
- 2023 **Posmontier, B.** Invited Panelist to discuss the maternal mental health crisis at the IBC Foundation Institute for Health Equity Forum: *We're Making Change Happen* Advancing Equity in Maternal Care Outcomes, Independence Blue Cross in Philadelphia PA, April 13, 2023.
- 2022 **Posmontier, B.,** Geller, P.A., Horowitz, J.A. *Maternal Mental Wellness Symposium (Chair, Dekel, S.): Intensive Perinatal Mental Health Outpatient Program* at the online 14th Philadelphia Prenatal Diagnosis Online Conference, Philadelphia, PA June 9-11, 2022.
- 2020 **Posmontier, B.,** Moore, S., Hackey, B., *A Trio of Nurse and Midwife Led Community Programs to Improve Girls' and Women's Health,* Jefferson College of Health Professions APP Grand Rounds - December 3, 2020
- 2020 **Posmontier, B.,** *From Control to Embracing the Whole of Who I Am,* Better Together Story Slam. Fourth Annual Interprofessional Story Slam, Thomas Jefferson University, October 26, 2020

- 2017 **Posmontier, B.** Keynote Speaker. *Differences Between Research and Evidence Based Practice*. Presented at the 5th Annual Evidence Based Colloquium, College of Nursing and Health Professions, Drexel University, Philadelphia, PA. March 15, 2017
- 2016 **Posmontier, B.** *Mother Baby Connections: An intensive outpatient perinatal mental health program*. Presented to the Bloom Ambassadors at the Jewish Family and Children's Service of Greater Philadelphia December 20, 2016 Philadelphia, PA
- 2013 **Posmontier, B.** *Relationship Based Care workshop*. Presented at Cooper University Health Care, Camden, NJ
- 2012 **Posmontier, B.** *Relationship Based Care workshop*, Presented at Our Lady of Lourdes Medical Center, Camden, NJ
- 2012 **Posmontier, B.** Clinical Scholar for DrNP Residency Week. *Relationship Based Care in Nursing Education*, Drexel University CNHP, Philadelphia, PA
- 2012 **Posmontier, B.** *Commitment to My Co-Workers*. Presented to the professional staff at the 11th Street Family Health Center, Philadelphia, PA
- 2012 **Posmontier, B.,** Fox, A., Rundio, A. *Incorporating Relationship Based Care into nursing education workshop*. Presented to the nursing faculty at Drexel University College of Nursing and Health Professions
- 2011 **Posmontier, B.** *Current evidence based treatments for postpartum depression*. Presented at the Contemporary Forums Psychiatric Nursing Conference, Philadelphia, PA
- 2011 **Posmontier, B.** *Hot topics in reproductive psychiatry*. Presented at the Contemporary Forums Psychiatric Nursing Conference, Philadelphia, PA
- 2010 **Posmontier, B.** *Introduction to Watson's Theory of Caring*. Presented to the Hahnemann nursing administration. Invited by Stephanie Connors, CNO
- 2009 **Posmontier, B** *Building international bridges in health care: One step at a time*. Presented at Drexel University Masters Residency Week
- 2004-2008 **Posmontier, B.** *What APNs need to know about postpartum Depression*, yearly presentation. Guest lecture for Masters students in Women's Health Program, University of Pennsylvania School of Nursing, Philadelphia, PA
- 1996-2008 **Posmontier, B.** *The profession of midwifery*. Yearly presentation presented to undergraduate Human Development Class (Patricia Laser Instructor) at Bucks County Community College, Newtown, PA, Newtown, PA

- 2005 **Posmontier, B.** *What midwives need to know about postpartum depression.* Presented to the Pennsylvania Chapter American College of Nurse Midwives, King of Prussia, PA
- 2004 **Posmontier, B.** *Sleep disturbance and depression: A Review of the Literature.* Presented at the Research Colloquium, University of Pennsylvania School of Nursing, Philadelphia, PA.
- 2004 **Posmontier, B.** *Preterm labor and fetal fibronectin.* Presented at the ACNM chapter conference, King of Prussia, PA,
- 2004 **Posmontier, B.** *What nurse midwives need to know about postpartum depression.* Presented at the New Jersey Chapter American College of Nurse Midwives, Trenton, New Jersey.
- 2001 **Posmontier, B.** *The comprehensive pelvic exam.* Presented at the Pennsylvania Area Health Educators Center, University of Pennsylvania, Philadelphia, PA.
- 2000 **Posmontier, B.** *Dysfunctional uterine bleeding.* Presented at the 16th Annual Convention National Association of Childbearing Centers, Philadelphia, PA.
- 2000 **Posmontier, B.** *The pap smear.* Presented at the 16th Annual Convention National Association of Childbearing Centers, Philadelphia, PA.

Refereed Posters

Local

- 2019 **Posmontier, B.,** Geller, P. A., Horowitz, J. A., & Chiarello, L. (2019, March). A Survey of Intensive Perinatal Mental Health programs in the United States. Poster presented at the 2019 Helen I. Moorehead-Laurencin, MD Sex & Gender Research Forum, Drexel University, Philadelphia, PA
- 2017 Geller, P., **Posmontier, B.,** Horowitz, J., Chiarello, L., Bonacquisti, A. *New Interdisciplinary Intensive Outpatient Perinatal Mental Health Program at Drexel University.* Presented at the Sex and Gender Research Forum, Drexel University. March 8, 2017
- 2017 Geller, P., Alexa Bonacquisti, **Posmontier, B.,** Croft, D., Wolf, S. *Urban Equity Pilot Enhancing Mental Health Care Access for Low Income High Risk Pregnant Women: Coordination of Perinatal Health Care and Mental Health Services.* Presented at the Sex and Gender Research Forum, Drexel University. March 8, 2017
- 2017 **Posmontier, B.,** Geller, P., Horowitz, J., Grunberg, V., Izzetoglu, M. *Using fNIRS to assess maternal-infant interaction in the postpartum period,* Presented at the Sex and Gender Research Forum, Drexel University. March 8, 2017
- 2016 **Posmontier, B.,** Geller, P., Horowitz, J., Grunberg, V., Izzetoglu, M.

Neuroimaging Signature of Postpartum Depression, Presented at Discovery Day, Drexel University, September 26, 2016

- 2012 Byrne, S., Montgomery, K., Gallagher-Gordon, M., Smith-Glasgow, M., **Posmontier, B.** *Contemporary utilization of transdisciplinary standardized patient experiences for undergraduate and graduate level advanced practice nurse education*, Philadelphia, PA
- 2011 **Posmontier B.** *Multidisciplinary Model of Nurse Midwife Administered Psychotherapy for Postpartum Depression*. Presented at Research Day 2011, Drexel University, Philadelphia, PA
- National**
- 2023 Ettinger, S., Geller, P.A., Sadowick, L., **Posmontier, B.**, & Horowitz, J.A. (2023, April). *Progress update from Mother Baby Connections, an intensive outpatient program for perinatal women in Philadelphia*. Poster presented at the National Perinatal Association Annual Conference, Chapel Hill, NC.
- 2023 Geller, P.A., Horowitz, J.A., **Posmontier, B.**, Eloghail, M., Ma, T., Chang, K., McDonough, M.R., & Alvares, K., (2023, April). *Leveraging a user-centered approach to develop MommaConnect, a mobile health therapy application for mothers with postpartum depression and their infants*. Poster presented at the National Perinatal Association Annual Conference, Chapel Hill, NC.
- 2023 Hunter, E.R., Beneway, J., Priyma, M., Geller, P.A., Horowitz, J.A., & **Posmontier, B.** (2023, April). *Mobile applications used for perinatal mental health: Consumer perspective*. Poster presented at the National Perinatal Association Annual Conference, Chapel Hill, NC.
- 2022 Horowitz, J.A., **Posmontier, B.**, Geller, P.A., Ma, T., Chang, K., Priyma, M., *Developing MommaConnect— a Mobile Health Therapy for Mothers with PPD and their Infants*. Presented at the American Psychiatric Nurses Association October 19-22, 2022
- 2020 **Posmontier, B.**, Horowitz, J.A., Geller, P., Chiarello, L., Elgohail, M. *Mother-Baby Day Treatment Programs in the United States*. In *Crisis and Calm: Leading with Purpose*. 2020 American Academy of Nursing Conference. Virtual, 10/29-10/31/2020.
- 2019 Bonacquisti, A., Geller, P.A., Wolf, S.M., **Posmontier, B.**, Croft, D.J., & Montgomery, O.M. (2019, March). *Improving screening and mental health care access for pregnant women: preliminary results of a pilot study*. Poster presented at the Society of Behavioral Medicine 40th Annual Meeting and Scientific Sessions, Washington, D.C.
- 2018 **Posmontier, B.** Horowitz, J.A., Geller, P., Chiarello, L. *Perinatal Mental Health Day Program Preliminary Outcomes*. Presented at the 2018 Transforming Health, Driving Policy Conference November 1-3, 2018, Washington, D.C.

- 2013 **Posmontier, B.**, Horowitz, J., Forrester, A. *Incorporating Relationship Based Care into Nursing Education*. Sigma Theta Tau International 42nd Biennial Convention, Indianapolis, IN
- 2013 Handrup, C. **Posmontier, B.** Breiter, D., Cartier, J., Dilks, T. Esposito, N. Kane, C. McComish, J. McCrone, S., Newton, M. *Findings of the International Society of Psychiatric Mental Health Nurses (ISPN) DNP task force*. International Society of Psychiatric Nurses Conference, San Antonio, TX
- 2012 Handrup, C. **Posmontier, B.** Breiter, D., Cartier, J., Dilks, T. Esposito, N. Kane, C. McComish, J. McCrone, S., Newton, M. *Findings of the International Society of Psychiatric Mental Health Nurses (ISPN) DNP task force*. 5th National Doctors of Nursing Practice Conference, St. Louis, MO
- 2012 Scaffidi, R., **Posmontier B.** *The Relationship of Knowledge and Self-Efficacy On Decision Making Regarding Mode of Delivery Following a Previous Cesarean Delivery*. Atlanticare Regional Medical Center, The 8th Annual Nursing Research Conference Day, 2011

Regional

- 2021 **Posmontier, B.**, Kumar, A., Gerolamo, A., Shaffer, K., *Nurse2Nurse (N2N): A Peer Support Telecompassion Intervention for Nurses During the COVID-19 Pandemic*. ISPN 23rd Annual Virtual Conference. March 23-25. **First Place Poster Award Recipient in Research!**
- 2020 **Posmontier, B.**, Horowitz, J., Geller, P., Chiarello. *Characteristics of Intensive Perinatal Mental Health Programs in the United States*. Poster Presented at the Eastern Nursing Research Society 32nd Annual Scientific Sessions, Boston, MA, March 26-27, 2020.
- 2017 **Posmontier, B.**, Horowitz, J., Geller, P., Grunberg, V., Hernandez, G., Izzetoglu, M. *Feasibility of Comparing Cortical Hemodynamic Response Between Postpartum Depressed and Non-Depressed Mothers and Their Infants*. Presented at the Eastern Nursing Research Society April 5-7, 2-17

International

- 2017 **Posmontier, B.**, Horowitz, J., Geller, P., Grunberg, V., Hernandez, G., Izzetoglu, M. *Assessing Prefrontal Cortex Brain Activity among Depressed and Non-depressed Mother-Infant Dyads*. Presented at the Postpartum Support International 30th Annual Conference, Philadelphia, PA July 14, 2017

Invited Posters

Local

- 2011 *Multidisciplinary model of nurse midwife administered psychotherapy for postpartum depression* Academic Poster Display for Presidential Inauguration of John Fry, Drexel University

Workshops

- 2016 Interpersonal Psychotherapy Training Drexel University (for Nursing, Psychology, and Medicine) February 8 and 9, 2016
- 2016 Interpersonal Psychotherapy Training Maccabi HMO May 16 and 17, 2016 Tel Aviv Israel

TEACHING

Courses Taught

Undergraduate

- 2010 Psychiatric Nursing for undergraduate students, Eternal (Akal) University, Baru Sahib, India
- 2009 N303 Women's Health Nursing
- 2008, 2011 N 330 Research Basis of Nursing

Masters

- 2011 N593 PMHNP II: Management and Care of Clients with Acute & Chronic Mental illness
- 2010, 2013 RSCH 523 Methods for Health Research
- 2015-present RSCH 504 Evaluation and Translation of Health Research

Doctoral

Thomas Jefferson University

- 2021- NU708 Clinical Prevention and Population Health
- 2021- NU709 Current Issues in Health and Social Policy: Planning, Participating and Policy Making.

Drexel University

- 2018-2020 RSCH 741 Foundations of Scholarly Inquiry & Writing
- 2015-2017 N840 DNP Capstone Seminar
- 2012-2017 N718 Quantitative Methods for Clinical Nursing Inquiry, including a study abroad in London, England and Florence, Italy
- 2010-2013 N 715 Human Responses to Altered Psychological Function in Health and Illness
- 2013-2017 N830 Doctor of Nursing Practice Clinical Practicum

Student Research Supervision

Thomas Jefferson University

- 2022 Nora Rybicki, Doctor of Nursing Practice student, Chair, in progress
- 2020 Sara Mangano, Doctor of Nursing Practice student, Chair, graduated 2021

Drexel University

- 2019 Meagan McFarland, Doctor of Nursing Practice student, Chair
- 2018 Jill Schwartz, Doctor of Nursing Practice student, Chair
- 2018 Lija Gireesh, Doctor of Nursing Practice student, Chair
- 2017 Julia Minoia, MSN, Doctor of Nursing Practice Candidate, Chair
- 2016 Daisy Mullasery, Doctor of Nursing Practice, Chair
- 2016 Laura Hendricks-Jackson, Doctor of Nursing Practice student, Chair
- 2016 Laura Leahy, Doctor of Nursing Practice student, Chair.
- 2015 Marie McClay, Doctor of Nursing Practice student, Chair
- 2012 Rose Scaffidi, DrNP, Doctor of Nursing Practice, Chair
- 2012 Elizabeth Cook, Music Therapy Masters Student, Committee member
- 2011 Kathleen Stepanuk, clinical dissertation defense, Committee member
- 2010 Marisol Norris, Creative Arts Therapy Masters Student, Committee member
- 2009 Kymberlee Montgomery, Doctor of Nursing Practice, Committee member

2008 Rita Adeniran, qualifying exam, Committee member

2019 Jonathan Day Faculty advisor/chair PhD

2019 Mona Elgohail , post-doctoral mentor

INTERVIEWS/MEDIA COVERAGE

Ingeno, L. (2016, May). Drexel's postpartum depression clinic is first of its kind in the region. Drexel Now. Retrieved from <http://drexel.edu/now/archive/2016/May/Mother-Baby-Connections/>

English, T. (2016, June). Help for women who experience trauma during childbirth. The Pulse, WHYY. Retrieved from <https://why.org/segments/help-for-women-who-experience-trauma-during-childbirth/>

PROFESSIONAL SERVICE

Administration

2020 – Program Director Nursing PhD program Thomas Jefferson University College of Nursing

2022- Nurse Scientist Jefferson Northeast

2020- Secondary appointment Associate professor Drexel University College of Arts & Sciences

2019-2020 Chair Drexel University PhD in Nursing Program

2018-2020 Faculty appointment to the Center for Family Intervention Science

2015- Co-Director and founder *Mother Baby Connections*, an intensive outpatient perinatal mental health program

Editorial Reviewer

2008 – Reviewer for *Journal of Obstetric and Gynecological Nursing*

2008 – Reviewer for *Perspectives in Psychiatric Care*

2008 – Reviewer for *Western Journal of Nursing Research*

2008 – Reviewer for *Health Care for Women International*

2011- Reviewer for *Holistic Nursing Practice*

2012- Reviewer for *Archives of Psychiatric Nursing*

2015- Reviewer for *Journal of Midwifery and Women's Health*

Other Service

International

2016 Two-day Interpersonal Psychotherapy Workshop presented for Social Workers at Bar Ilan University, Tel Aviv Israel

2013-2015 International Society of Psychiatric Nurses Foundation, President

2012- 2013 International Society of Psychiatric Nurses Foundation, President-elect

2011-2012 International Society of Psychiatric Nurses Foundation, Treasurer

2011-2012 International Society of Psychiatric Nurses DNP task force, Chair

University

2023- Member Search Committee College of Health Sciences

2022- Member Appointment, Promotion and Tenure Committee

2020- Member TJUH Mental Health Swat Team, We Care Initiative

2019 Member search committee AJ Autism Institute

2016 Two-day Interpersonal Psychotherapy Workshop presented for nursing, psychology and medical residents

2013- 2020 Member and reviewer for Drexel University IRB # 3

2013-2020 Alternate faculty senator and member Senate Faculty Affairs Committee

2013-2014 Incivility Project with School of Education

2013-2015 Member Strategic Plan Implementation Task Force 1B

2011- Member and Reviewer Drexel University Institutional Review Board#3 for non-medical research

2011 Grand rounds presentation: Reproductive psychiatry: A lifespan approach to the treatment of women's mental illness

2011 Medical student obstetric training faculty for normal vaginal delivery module

2010 Sustainability workshop and course development

2010 Invited participant new faculty brainstorming session for suggestions for Drexel's campus

College

Thomas Jefferson University

2020- Member Faculty Affairs Council

2020- Member JCN Diversity Equity and Inclusion Committee

2020- Co-leader TJU JCN Nurse2Nurse Peer Support program. Facilitated faculty training

2020- Developed and lead the Doctoral Council

Drexel University

2019 Nurse Executive Committee

2019 Drexel University PhD Council

2016 Faculty Affairs Committee

2015-2016 Executive Faculty Committee

2011-2013 Virtual Learning and Instructional Technology Committee, Member

2011-2014 College of Nursing and Health Professions Research Committee, Member

2010 Presentation at full faculty meeting on concept of "Measuring Caring." Invited by Mary Ellen Smith Glasgow, Associate Dean, CNHP

Program/Department

Thomas Jefferson University

2022 NU705 Presented ***MommaConnect mHealth: Extending access to evidenced-based therapy for mothers with PPD and their infants*** to DNP students June 21, 2022

2022 NU 590 Intensive. Presented on Current Evidence-Based Treatments for Postpartum Depression to women's health NP students for the Mental Health segment. May 25, 2022

2022 Diversity, Equity, & Inclusion Committee- presentation on an Introduction to Antisemitism. May 17, 2022

2022 Presented distress tolerance techniques for Fifth Window, Nurses Week Self Care Spotlight. May 14, 2022

- 2021 Presented emotional regulation techniques to RISE volunteers at TJU.
- 2021 Presented Nurse2Nurse to the Wellness Council of nurses at TJU.
- 2021 Presented Nurse2Nurse Refresher session to JCN faculty
- 2020-2021 Developed and lead the TJU JCN Nursing PhD Advisory Committee
- 2019 Hosted and led training in infant massage for International Loving Touch Foundation® and served as Nurse Planner
- 2012 New faculty orientation on *Writing for Publication and Incorporation Relationship Based Care in Nursing Education*.
- 2012 Facilitated and presented Relationship Based Care Workshop for Drexel CNHP nursing faculty.
- 2011-2014 DrNP Admissions Committee, Chair
- 2010-2012 Participated and conducted data analysis to evaluate the transdisciplinary education program in women's health
- 2010 NCCLEX obstetrics module revision for Continuing Nursing Education Department
- 2010 Conducted faculty survey on attitudes on incorporating caring into the Nursing program curriculum
- 2010 Nursing mission and values task force to incorporate Watson's "Caring," chair
- 2010 Faculty co-chair for the Drexel University Nursing Education Institute
- 2010- DrNP practitioner track coordinator
- 2010 Conducted and reported on National Survey of DNP publication requirements
- 2009- Liaison for DrNP competencies
- 2009 Presentation/Discussion of the DNP certification exam, DrNP Summer Residency Week.
- 2008 Initiated PubClub journal club for nursing faculty. Meetings held bimonthly to peer review scholarly work for publication.
- 2008- DrNP library liaison committee, Chair
- 2008-2011 MSN curriculum committee, Member

PROFESSIONAL MEMBERSHIPS

- 2018- American Nurses Association, Member
- 2008- American Association of the Colleges of Nursing, Member
- 2008- National Organization of Nurse Practitioner Faculty, Member
- 2013- International Society of Interpersonal Psychotherapy, Member
- 2018- Marcé of North America
- 2011- Marcé Society, Member
- 2010- International Society of Psychiatric Nurses, Past Foundation President
- 2010- American Psychiatric Nurses Association, Member
- 2001 Eastern Nursing Research Society – Chair IDEA committee (2023)
- 1989 - American College of Nurse Midwives, Member
- 1982 - Sigma Theta Tau International, Member