



NATIONAL
POSTDOCTORAL
ASSOCIATION

Sept 18-22 2017
NPAW
National Postdoc
Appreciation Week



Jefferson
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

IN CELEBRATION OF

National Postdoctoral Appreciation Week

September 18-22, 2017

Jefferson Events

Monday, Sept 18

Morning Events

9:00am-10:10am, *Brent Auditorium, JAH (2nd floor)*: Keynote: **The Academic Brain on Stress: Frontal Lobe Fatigue, Procrastination, and Burnout**

10:30am-12:30pm, *Eakins Lounge*: **Raising Achievement by Reducing Stress and Increasing Happiness in Students and Faculty: Science and Strategies**

Afternoon Event

4:00pm-5:00 pm, *Connelly Auditorium, Hamilton Building*:

Keynote: **Creativity and the Brain: Science and Strategies**

Tuesday, Sept 19

12:00pm -1:00pm, *Hamilton Building, 4th Floor Lobby*: **BBQ Lunch**

Enjoy a relaxing lunch with your fellow postdocs.

Wednesday, Sept 20

3:00pm -4:00pm: *JAH 469, Grad Student Lounge*: **Coffee, Donuts and Bingo!**

Meet and network with other postdocs over coffee and donuts. Play, chat and have fun with Bingo and win some cool prizes!

Thursday, Sept 21

4:30pm-5:30 pm: **Free Yoga class**. Relax, invigorate, and enjoy!

Friday, Sept 22

4:30pm, *Lubert Plaza*: **Volleyball Match followed by a Social Hour**. Come have some fun in the sun with Volleyball, whether you play or cheer on the players and then enjoy appetizers at a local restaurant.

Questions: JPA@jefferson.edu