

# CERTIFICATE OF ADVANCED STUDIES: CHILD TRAUMA AND PLAY THERAPY FOUNDATIONS: CHILD-CENTERED PLAY THERAPY Instructor: Katharine Wenocur, DSW, LCSW, RPT-S

### **COURSE DESCRIPTION**

This course provides students with an in-depth grounding in the theory and practice of Child Centered Play Therapy (CCPT). Framed in its historical context, CCPT will be introduced as the foundational model upon which most subsequent play therapy models are based. Students will engage with contemporary CCPT literature and develop competencies in the core skills of structuring, empathic listening, supporting child centered play, and limit setting. This course will call upon students' understanding of client social and cultural contexts, and challenge students to think critically about the implementation of CCPT in a variety of practice settings. Student learning will be facilitated by a combination of lecture, discussion, and skills practice. As part of play therapy sequence, this course will introduce students to knowledge and skills that can be applied across play therapy frameworks.

### LEARNING OBJECTIVES

- Identify and describe the four core skills of CCPT
- Articulate the impact of child-directed play on the therapeutic process
- Analyze the historical context of play therapy to the evolution of the field over time
- Demonstrate an emerging capacity to engage in empathic listening
- Apply knowledge of CCPT theory and skills to analysis of case studies
- Analyze and discuss utility of CCPT across cultural contexts
- Assess applicability of CCPT to variety of practice settings



#### **COURSE DETAILS FOR FALL 2022**

Thomas Jefferson University – 4201 Henry Avenue, Philadelphia, PA 19144 Thursdays 7:30-9:30 pm 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

## This course is approved by APT for 28 hours of <u>Contact</u> Play Therapy Specific Education

- Cochran, J.L., & Cochran, N.H. (2017). Effects of child-centered play therapy for students with highly disruptive behavior in high-poverty schools. *International Journal of Play Therapy*, *26*(2), 59-72.
- Guest, J.D., & Ohrt, J.H. (2018). Utilizing child-centered play therapy with children diagnosed with autism spectrum disorder and endured trauma: A case example. *International Journal of Play Therapy*, 27(3), 157-165.
- Ritzi, R.M. et al. (2017). Intensive short-term child-centered play therapy and externalizing behaviors in children. *International Journal of Play Therapy*, 26(1), 33-46.



Participants will be notified via e-mail of any changes to programming. In the event of cancellation, registration costs will be refunded in full.

Participants may cancel for a full refund up to 48 hours before the program start. Please contact <u>Neil.Andress@jefferson.edu</u> to notify of cancellation and request a refund.

**APT Approved Provider 20-608** 

Contact Katharine.Wenocur@jefferson.edu for more information about play therapy at Jefferson