

Clues For Clarifying Your Interests

Major & Career Exploration

Learning what excites you and motivates you is an important step in career planning and development. Record your responses to the questions below in order to help you discern the patterns that exist in your interests.

- *What classes or subject areas fascinate and absorb you? Reflect on what you've taken during college as well as in high school - what was it about these classes that held your interest?*

- *What careers have you considered throughout your life that continue to pique your interest?*

- *After the initial celebration, traveling, etc., what might you do if you won the lottery?*

- *What are you most proud of having accomplished in your life so far?*

- *What would you go out and do if you knew you would not fail?*

- *What short and long term goals and dreams do you have?*

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- *Look back at the questions you've just answered: What patterns do you notice?*

Proceed to MyNextMove, which is part of the O*Net Interest Profiler, located at the following website: <http://www.mynextmove.org/explore/ip>. The profiler can provide you with another way to clarify your interests and how they relate to the world of work. It will also allow you to see what career

paths may be worth exploring.